

Faculty Profile Sheet

Education: Ph.D. in Counseling (minor in Psychology) from the University of North Texas

Credentials: LPC, LPC-S; Ordained and Licensed Christian Minister

Teaching Areas: Beginning and advanced theories of counseling, ethics and professional orientation, APA style writing, research proposal, and integrating religion and spirituality in counseling

Research Areas: Adlerian, cognitive, and constructivist/postmodern theory and counseling applications with individuals, couples, groups, supervision, and leadership; religion and spirituality in counseling; ethical issues in counseling and supervision

Honors/Awards:

- *ACA Professional Development Award*, presented by the American Counseling Association, March, 2015.
- *Texas State University System Regents' Professor*, Texas State University System Board of Regents, November, 2014
- *2012 University Research Award*, Sam Houston State University, August, 2012.
- *University Distinguished Professor of Counseling*, Sam Houston State University, August, 2011.
- *2011 Outstanding Counselor Educator Award*, Southern Association for Counselor Education and Supervision, October, 2011
- *ACA Fellow* by the American Counseling Association, March, 2010.
- *David K. Brooks, Jr. Distinguished Mentor Award*, presented by the American Counseling Association, March, 2009.
- *2008 Outstanding Researcher Award*, College of Education, Sam Houston State University.
- *Diplomate in Adlerian Psychology*, presented by the North American Society for Adlerian Psychology, May, 2007
- *ACES Robert O. Stripling Excellence in Standards Award*, presented by the Association for Counselor Education and Supervision, March, 2007.
- *TCA Professional Writing Award*, presented by the Texas Counseling Association, November, 2006.
- *Outstanding Alumnus Award*, presented by the Counselor Education faculty, the University of North Texas, April, 2000
- *The Joseph and Lucille Hollis Publication Award*, presented by the Counseling Association for Humanistic Education and Development, April, 1999
- *TCA Research Award*, presented by the Texas Counseling Association, November, 1996

Professional Leadership Positions:

- Board Member and Ethics Committee Chair, *Association for Spiritual, Ethical, and Religious Values in Counseling* (ASERVIC) (current)
- Senior Associate Editor, *Journal of Counseling and Development* (current)

- Co-Editor, Psychological Strategies section, *Journal of Individual Psychology* (current)
- Served as Editor, *Counseling and Values*, the ASERVIC journal
- Served as President, North American Society for Adlerian Psychology
- Served as President, Texas Association for Counselor Education and Supervision
- Served on the ACA Ethics Revision Task Force that developed the 2014 ACA Code of Ethics
- Served on the ASERVIC Competencies Task Force that developed the *ASERVIC Competencies for Addressing Spiritual and Religious Issues in Counseling*
- Served as Board Member, *Council for Accreditation of Counseling and Related Educational Programs* (CACREP)

Publications:

Articles

- Watts, R. E.** (in press). Adlerian and constructivist therapies: A neo-Adlerian perspective. *Journal of Individual Psychology*.
- Watts, R. E.** (in press). Positive psychology: A neo-Adlerian perspective. *Journal of Individual Psychology*.
- Watts, R. E., & Marks, D.** (2016). Reflecting as if: A brief, integrative Adlerian intervention. *Adlerian Year Book 2016* (pp. 149-158). London, England: Adlerian Society UK and Institute for Individual Psychology.
- McLean, L. L., La Guardia, A. C., Nelson, J. A., & **Watts, R. E.** (2016). Incorporating Adlerian and feminist theory to address self-objectification in couples therapy. *The Family Journal: Counseling and Therapy for Couples and Families*, 24, 420-427. doi: 10.1177/1066480716663500
- Balkin, R., **Watts, R. E., & Ali, S.** (2014). A conversation about the intersection of faith, race, and sexual orientation: A Jewish, Christian, and Muslim perspective. *Journal of Counseling and Development*, 92, 187-193.

Books

- Peluso, P., **Watts, R. E., & Parsons, M.** (2012). *Changing aging, changing family therapy: Practicing with 21st century realities*. New York, NY: Routledge/Taylor & Francis.
- Carlson, J., **Watts, R. E., & Maniaci, M.** (2006). *Adlerian therapy: Theory and practice*. Washington, DC: American Psychological Association.
- Watts, R. E.** (Ed.). (2003). *Adlerian, cognitive, and constructivist therapies: An integrative dialogue*. New York: Springer Publishing Company.
- Watts, R. E.** (Ed.). (2001-2002). *Techniques in couple and family counseling (Vols. 1-2)*. Alexandria, VA: American Counseling Association.
- Watts, R. E., & Carlson, J.** (Eds.). (1999). *Strategies and interventions in counseling and psychotherapy*. Philadelphia: Accelerated Development/Taylor & Francis.

Book Chapters

- Watts, R. E.** (2015). Alfred Adler and Adlerian therapy. In E. Neukrug (Ed.), *Encyclopedia of theory in counseling and psychotherapy* (pp. 24-27; 30-35). Thousand Oaks, CA: Sage.
- Watts, R. E.** (2014). Research and publication ethics. In B. Herlihy & G. Corey (Eds.), *ACA ethical standards casebook* (7th ed., 273-279). Alexandria, VA: American Counseling Association.
- Watts, R. E.** (2013). Adlerian counseling. In B. J. Irby, G. Brown, R. Lara-Alecio, & S. Jackson (Eds.), *The handbook of educational theories* (pp. 459-472). Charlotte, NC: Information Age Publishing.
- Watts, R. E.** (2012). On the origin of striving for superiority and social interest. In J. Carlson and M. Maniaci (Eds.), *Alfred Adler revisited* (pp. 41-56). New York, NY: Routledge.
- Watts, R. E.,** Nelson, J., Bruhn, R., & Nichter, M. (2011). Couple and family counseling. In S. C. Nassar-McMillan & S. G. Niles (Ed.), *Developing your identity as a professional counselor: Standards, settings, and specialties* (pp. 336-362). Belmont, CA: Brooks/Cole Cengage Learning.